



the bristol housing authority newsletter

february 2017



Events: Ongoing

BONNIE ACRES COMMUNITY ROOM

- **Salvation Army:** 3rd Friday of the month from 1-2 p.m.
- **Catholic Prayer Service with Sister Delores.** Every Wednesday at 10 a.m.
- **Bingo:** Mondays at 3 p.m.
- **Tenant Council Meeting.** 3rd Wednesday of the month at 11 a.m.
- **The Bridge Bible Study:** Fridays from 2-3:30 p.m.
- **Salvation Army Fellowship Potluck:** February 17. Anyone attending is asked to bring a small dish to share.



CAMBRIDGE PARK COMMUNITY ROOM

- **GED:** Tuesdays and Fridays from 9:30-12 p.m. **Registration is ongoing**
- **Reading is Fun:** 4th Wednesday of the month 5-7 p.m. in the Community Room

JOHN F KENNEDY COMMUNITY ROOM

- **Tenant Council Meeting:** 3rd Wednesday of the month at 6 p.m.
- **Game Nite:** Wednesdays at 7 p.m.
- **BINGO:** Saturdays at 6 p.m.
- **Bible Study:** Fridays from 2-4 p.m.
- **Arts & Crafts:** Every other Thursday from 2-4 p.m.



GAYLORD TOWERS COMMUNITY ROOM

- **BINGO:** Tuesdays at 6 p.m.
- **Service with Pauline:** Every 3rd Thursday at 3 p.m. **** SEE NOTE**
- **Tenant Council Meeting:** 2nd Wednesday of the month at 3 p.m.
- **Bread Program:** Fridays at 11 a.m.

MOUNTAIN LAUREL MANOR COMMUNITY ROOM

- **Bingo:** Wednesdays at 5 p.m.
- **Saturday Social:** 5 p.m.

KOMANETSKY ESTATES COMMUNITY ROOM

- **BINGO:** Mondays and Saturdays at 5:15 p.m.
- **Ceramics and Chair Massage:** Twice a month. Check calendar by dining room for dates and times.
- **Tenant Council Meeting:** 4th Thursday of the month at 1:15 p.m.
- **Po-ke-no:** Wednesday nights at 6 p.m.

Legal Notice

The Bristol Housing Authority is developing its 2017-2021 Agency Plans in compliance with the HUD Quality Housing and Work Responsibility Act of 1998. It is available for review at the Housing Authority's office located at 164 Jerome Ave., Bristol, CT. Hours of operation are Monday, Wednesday, and Friday 8:30 a.m. to 4:30 p.m.; Tuesday 8:30 a.m. to 1:00 p.m. and Thursday 1:00 p.m. to 4:30 p.m.

Second Reminder

A Public Hearing will be held on February 16, 2017 at 3:00 p.m. at Gaylord Towers Community Hall located at 55 Gaylord Street, Bristol, CT. Public comments will be received no later than February 27, 2017 at 4:30 p.m.



NOTE: There will be no Service with Pauline on February 16th due to the Public Hearing Meeting taking place in the Community Room at Gaylord.

EMPLOYMENT OPPORTUNITY

HANDYMAN P/T. Bristol Neighborhood Development Corporation, (BNDC) is seeking an energetic individual with experience maintaining properties. Pay will commensurate with experience. Send resume and references by **February 15, 2017** to Mitzy Rowe, CEO, BNDC PO Box 253 Bristol, CT 06011



~Resident Cooperation Requested~ When Using Community Rooms

We have received calls from several residents regarding the use of community rooms for scheduled activities. Please remember that community rooms belong to ALL residents and are meant for everyone's enjoyment. If you are in the community room at the same time a scheduled activity is taking place, we ask that you show consideration and courtesy for the group having their activity by not using foul language, talking loudly, or engaging in activities that create noise and interruption. Thank you for your help and consideration.



The office will be closed
Monday, February 20
in observance of
President's Day.



If you were not able to attend our presentation on the free childcare program now in Bristol, contact Lauren Incognito, your Resident Service Coordinator, for information. Program is free and includes meals for pre-school children ages 3 to 4.

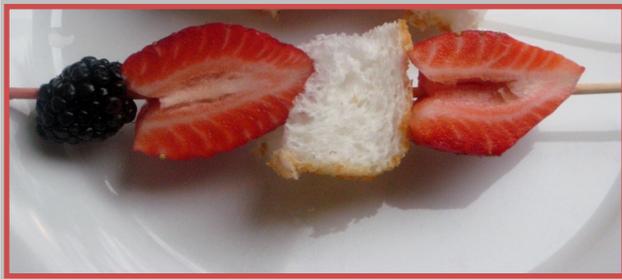




We started off the new year with incredibly nice weather, but Old Man Winter has not forgotten that it's still January. There's plenty of time for snow. This year will bring many improvements to our properties. You should start seeing work begin early this spring. Some of these improvements will be new roof projects, safety and security, energy efficiency, and HVAC to the common areas at Gaylord Tower and JFK. Many thanks to the staff for their hard work and for being so dedicated to getting the job done. I want to thank everyone for the emails I have received about your concerns and ideas. As always, you can reach me at: dgodin@bristolhousing.org. You may also send correspondence to: David Godin, Bristol Housing Authority, 164 Jerome Ave., Bristol, CT 06010

Food for Thought

Ditch the sugary, dye-filled sweets this year for something less expensive, healthy, fun, and delicious your kids are sure to love. Fruit kabobs! It doesn't get easier than this. Next time you're at the grocery store pick up a pound cake, strawberries, raspberries, bananas, and wooden skewers. (*You can use any fruit you choose and toothpicks can be substituted for wooden skewers but you'll have to use more if you want to make a full-length kabob*) Cut pound cake and bananas in chunks. Cut strawberries lengthwise. Alternate pound cake and fruit on skewers. That's it! If you want a little indulgence, drizzle some chocolate syrup over your skewer.



Love to read?

- Do the pages of a good book set your heart aflutter? If you love losing yourself in a story, try this mini book challenge just for fun. Over the course of the next three months, try reading
- ⇒ A book set within 100 miles of where you live
 - ⇒ A book you can finish in one day
 - ⇒ A book that became a film
 - ⇒ A book from your childhood
 - ⇒ A travel memoir
 - ⇒ A book where all point-of-view characters are people of color.

Stand Strong Live Long

We are pleased to announce the start of a yoga series for residents living at Gaylord Towers, JFK, and Bonnie Acres. The yoga program is for all abilities and can be done either sitting or standing. There will be a total of 10 sessions which will be split between Gaylord/JFK (combined) and Bonnie Acres. See the boxes below for dates at times. Some benefits of yoga include relaxation, overall well being, reduction in physical pain, and improvement to one's mental state of mind.



Gaylord Towers/JFK

9-9:45 a.m.

Feb. 7

Feb. 14

Feb. 21

Feb. 28

March 7

Classes will be held in the Community Room at Gaylord

Bonnie Acres

9-9:45 a.m.

March 14

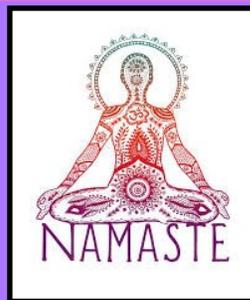
March 21

March 28

April 4

April 11

Classes will be held in the Community Room at Bonnie



A Friendly Reminder

Online bill pay option is available through our main website: www.bristolhousing.org.

Per City ordinance, from Dec. 15, 2016 to March 15, 2017 no vehicles shall be parked on the street between the hours of 2:00 a.m. and 6:00 a.m. any day of the week. The City can also impose a parking ban during an emergency anytime after March 15.



Coming Up



March and April include a series of workshops preparing residents for our annual college and employment fairs. Workshops on interviewing techniques, resume and cover letter writing, job searching, and preparing for college will be held. We also have many reading activities lined up for the kids.

Our annual employment fair will be held in **May**. This event is a huge success, bringing employers from the local community and greater Hartford area to meet with perspective hires.

June is college fair month featuring colleges & trade schools throughout CT who meet with residents interested in furthering their education.