



The BRISTOL HOUSING AUTHORITY NEWSLETTER

MARCH 2017



Events: Ongoing

BONNIE ACRES COMMUNITY ROOM

- **Salvation Army:** 3rd Friday of the month from 1-2 p.m.
- **Catholic Prayer Service with Sister Delores.** Every Wednesday at 10 a.m.
- **Bingo:** Mondays at 3 p.m.
- **Tenant Council Meeting.** 3rd Wednesday of the month at 11 a.m.
- **The Bridge Bible Study:** Fridays from 2-3:30 p.m.



CAMBRIDGE PARK COMMUNITY ROOM

- **GED:** Tuesdays and Fridays from 9:30-12 p.m. Registration is ongoing
- **Reading is Fun:** 4th Wednesday of the month 5-7 p.m. in the Community Room

JOHN F KENNEDY COMMUNITY ROOM

- **Tenant Council Meeting:** 3rd Wednesday of the month at 6 p.m.
- **Game Nite:** Wednesdays at 7 p.m.
- **BINGO:** Saturdays at 6 p.m.
- **Tuesday Yoga:** Tuesdays at 10 a.m. in the Community Room at Gaylord Towers ****See bottom for details**
- **Bible Study:** Fridays from 2-4 p.m.
- **Arts & Crafts:** Every other Thursday from 2-4 p.m.

GAYLORD TOWERS COMMUNITY ROOM

- **BINGO:** Tuesdays at 6 p.m.
- **Service with Pauline:** Every 3rd Thursday at 3 p.m.
- **Tuesday Yoga:** Tuesdays at 10 a.m. ****See bottom for details**
- **Tenant Council Meeting:** 2nd Wednesday of the month at 3 p.m.
- **Bread Program:** Fridays at 11 a.m.

MOUNTAIN LAUREL MANOR COMMUNITY ROOM

- **Bingo:** Wednesdays at 5 p.m.
- **Saturday Social:** 5 p.m.



KOMANETSKY ESTATES COMMUNITY ROOM

- **BINGO:** Mondays and Saturdays at 5:15 p.m.
- **Ceramics and Chair Massage:** Twice a month. Check calendar by dining room for dates and times.
- **Tenant Council Meeting:** 4th Thursday of the month at 1:15 p.m.
- **Po-ke-no:** Wednesday nights at 6 p.m.

ANNUAL RECERTIFICATIONS MUST BE COMPLETED!

Failure to complete your annual recertification is a lease violation and could result in eviction proceedings!

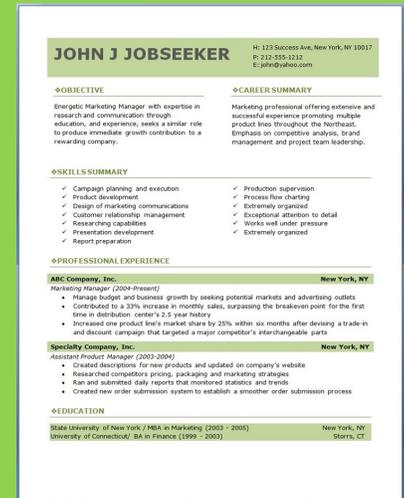
We have been experiencing a high number of residents failing to keep annual recertification appointments. Please refer to your lease, which clearly states failure to complete recertifications on time is a lease violation. If you are unable to keep an appointment due to illness or other circumstance, **YOU MUST** contact your Housing Authority agent to reschedule. If you are late or have missed your recertification, someone from the Housing Authority will call you and/or send you a letter. (Please see second page for updating telephone numbers). Failure to acknowledge this communication will result in eviction proceedings beginning. Our suggestion, write your recertification appointment on a calendar or someplace where you will see it. Also, if you know you have an annual recertification coming up, begin gathering paperwork in advance. **Do Not wait** until the last minute to get your paperwork together, especially if you are required to submit copies of paystubs or employment verification letters. Start gathering this information prior to your appointment so you're not searching for paperwork or holding up the recertification process. Your recertification contacts by property are: **Cambridge Park:** Pam Colangelo, 860-585-2030; **Gaylord/JFK:** Carmen Santana, 860-584-9407; **Bonnie Acres:** Lydia Sanchez, 860-584-8553; and **Zbikowski Park:** Beatrice Nieves, 585-2042

Third Annual Employment Fair

We will be holding our employment fair on **April 28, 2017 from 9:30-12:30 p.m.** in the Community Room at Bonnie Acres. Once again, we will have returning and NEW employers joining us who are ready to speak with you!



A good resume and cover letter are a must! If you need a new resume or if you do not know how to write a cover letter to accompany your resume, contact Lauren Incognito, your Resident Service Coordinator at 860-585-2022



Tuesday Yoga Classes Continue

The Tuesday morning yoga classes are continuing to meet and at a new time. Classes will be ending soon. The last Tuesday class will be held on March 7. A change in class time was announced last week. **Class now begins at 10 a.m.**





Despite a couple of snowstorms and some days of cold weather, we can agree this winter has been a smooth ride. With spring just around the corner, I certainly welcome the warmer weather with great

anticipation. In February I attended a public hearing meeting. Residents were informed of the upcoming new policies and many upgrades to our properties. I really must take the time to express my appreciation for all the great work that has been accomplished by the Housing Authority. I am totally convinced, and my fellow commissioners truly believe that we have one of the finest staff around, led by our dedicated CEO. They are all so committed to this work and do so in a caring and professional manner. For all you do on a daily basis, we thank you, and the residents thank you. Please feel free to contact me at: dgodin@bristolhousing.org.

You may also send correspondence to: David Godin, Bristol Housing Authority, 164 Jerome Ave., Bristol, CT 06010



GET FIT AND SLIM DOWN FOR FREE!

Now until APRIL 7.

Have you been trying to lose winter weight but having trouble? Would you like to shed a few pounds and get healthier? If you answered, yes, would you like to do it for free? You can get 21 days of free healthy recipes as well as the correct portion amount of each food item for every meal and snack. For more information, contact your Resident Service Coordinator at 860-585-2022 to register.

****PLEASE NOTE:** You will **NOT** receive any food items or measuring items. Recipes and food measurements will be printed out for your use and mailed to you. This event will be running now until April 7.



Where are you?

All households at Cambridge Park were recently sent a form requesting an updated phone number. Please return this form to us, especially if you have changed your telephone number. Many times we learn of time-sensitive resources we think might help a family. Without a way to reach you, we can't share this information quickly. It makes it difficult for us to contact you if there is an emergency or if there is an issue with your tenancy that requires immediate attention.



Please take a few moments to fill out the form and return it to the office. If you no longer have the form, please contact the office with your current and/or new phone number.

Remember, if you change your number in the future, we kindly ask that you notify us so that we can update your file.



Smoking Cessation Inquiry

In the past, we have offered smoking cessation workshops that were either poorly attended or not attended at all. If you are serious about kicking cigarettes to the curb in 2017, call 860-585-2022 for more information on upcoming smoking cessation programs offered through the Housing Authority and in the community.

Remember...

Online bill pay option is available through our main website: www.bristolhousing.org.

The city parking ban regarding snow remains in effect until March 15, 2017. No vehicles shall be parked on the street between the hours of 2:00 a.m. and 6:00 a.m. any day of the week. The city of Bristol can also impose a parking ban during an emergency anytime after March 15.

Cars in violation during a parking ban are subject to fines and towing.



Coming Up

In **March** and **April** we will focus on employment in anticipation of our annual job fair. We will hold workshops on interviewing techniques, resume, cover letter writing, and effective job searching that targets your skills and previous work experience.

In **June** we will host a college fair. Prior to the fair, we will hold workshops on filling out college applications, writing effective college essays, and applying for scholarships. We will show you how to put together a strong scholarship application and help you correct mistakes that could prevent you from winning a scholarship.

To register for any of these workshops, contact your Resident Service Coordinator, at 860-585-2022

PROPERTY REHAB UPDATE... Renovations at Zbikowski Park are almost done! Returning residents are expected to move back into their new home on Feb. 28. All new residents will be moving in after March 1.