



# The Bristol Housing Authority

## February 2018 Newsletter



### Events: Ongoing



#### BONNIE ACRES COMMUNITY ROOM

- **Tenant Council Meeting:** Every 4th Monday of the month at 1:00 p.m.
- **Bingo:** Every Tuesday at 1:00 p.m.
- **Salvation Army:** Every 3rd Friday of the month from 1:00 p.m. - 2:00 p.m.

#### CAMBRIDGE PARK COMMUNITY ROOM

- **GED:** Tuesdays and Fridays from 9:30 a.m. - 12:00 p.m. Registration is ongoing

#### JOHN F. KENNEDY COMMUNITY ROOM

- **Tenant Council Meeting:** Every 3rd Wednesday of the month at 2:00 p.m.
- **Game Night:** Every Wednesday at 7:00 p.m.
- **Arts & Crafts:** Every other Thursday from 2:00 p.m. - 4:00 p.m.
- **Bible Study:** Every Friday from 2:00 p.m. - 4:00 p.m.
- **BINGO:** Every Saturday at 6:00 p.m.



#### GAYLORD TOWERS COMMUNITY ROOM

- **Game Night:** Every Monday at 7:00 p.m.
- **BINGO:** Every Tuesday at 6:00 p.m.
- **Tenant Council Meeting:** Every 2nd Wednesday of the month at 3:00 p.m.
- **Service with Pauline:** Every 3rd Thursday at 3:00 p.m.
- **Bread Program:** Every Friday at 11:00 a.m.

#### MOUNTAIN LAUREL MANOR COMMUNITY ROOM

- **Bingo:** Every Wednesday at 5:00 p.m.
- **Saturday Social:** 5:00 p.m.

#### KOMANETSKY ESTATES COMMUNITY ROOM

- **BINGO:** Mondays and Saturdays at 5:15 p.m.
- **Ceramics and Chair Massage:** Twice a month. Check calendar by dining room for dates and times.
- **Po-ke-no:** Every Wednesday night at 6:00 p.m.
- **Tenant Council Meeting:** Every 4th Thursday of the month at 1:15 p.m.

*BHA Offices will be closed on Monday, February 19th, in observance of Presidents' Day.*

*We will resume normal business hours on Tuesday, February 20th.*

### Legal Notice

The Bristol Housing Authority is developing its 2018-2022 Agency Plans in compliance with the HUD Quality Housing and Work Responsibility Act of 1998. It is available for review at the Authority's office located at 164 Jerome Ave., Bristol, CT. The Authority's hours of operation are Monday, Wednesday, and Friday 8:30 a.m. to 4:30 p.m.; Tuesday 8:30 a.m. to 1:00 p.m. and Thursday 1:00 p.m. to 4:30 p.m.

### Reminder

A Public Hearing will be held on February 15, 2018 at 3:00 p.m. at Gaylord Towers Community Hall located at 55 Gaylord Street, Bristol, CT.



*NOTE: There will be no Service with Pauline on February 15th due to the Public Hearing taking place in the Community Room at*

### Meals:

For those in need below are some locations where you may receive a meal:

#### The Agape House:

Monday-Friday 9:00 a.m. to 12:00 p.m.  
(with the exception of school closings)

#### Brian Angel's (snacks):

Monday-Friday 1:30 p.m. to 2:30 p.m.

#### Christian Fellowship Center Soup Kitchen:

Fridays 4:30 p.m. to 5:30 p.m.

Saturdays & Sundays 1:00 p.m. to 2:30 p.m.

#### FOODSHARE at Cambridge Park

February 12th and February 26th

9:00 a.m. to 9:30 a.m.

**Foodshare comes to Cambridge Park every other Monday.**

### ~Careers at Cambridge Park~

"Sky's the Limit"



February is National Heart Awareness Month

What will you do to make your heart healthier this month?



### WEAR RED:

Friday, February 2nd is National Heart Day.

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With the start of a new year, many will make new resolutions whether it be exercising or eating more healthy foods. I always seem to find great recipes in magazines or simply going online to try out. A brisk walk to your local stores or probably visiting a neighbor down the street to join in for a walk through the park can always make for a pleasant day. Whatever your outlook, I wish you a wonderful new year!!

Looking back to last year, many upgrades were done on all our properties. Some had new roofs installed and landscapes repaired while others had their locks replaced by the new security door locking system. Many thanks to the Bristol Housing Authority team for all their hard work on accomplishing this work. We should all be looking forward throughout this year for new challenges that will benefit our vision to meeting the needs of all our residents.

As always, you can reach me at: [dgodin@bristolhousing.org](mailto:dgodin@bristolhousing.org). You may also send

"Alone we can do so little, together we can do so much."

by: Helen Killer

### Bristol Warming Centers

**The Salvation Army:** 19 Stearns Street, Bristol  
Monday-Friday 9:00 a.m. to 2:00 p.m..  
(with the exception of school closings)

**The Agape Center:** 43 School Street, Bristol  
Monday through Saturday 8:00 a.m. to 12:00 p.m.

**Brian's Angel:** 19 Jacob Street, Bristol  
Monday through Saturday 12:00 p.m. to 5:00 p.m.  
Sunday 9:00 a.m. to 5:00 p.m.

**The Bristol Library:** 5 High Street, Bristol  
Monday through Thursday 8:30 a.m. to 8:00 p.m.  
Friday and Saturday 8:30 a.m. to 5:00 p.m.  
Sunday 1:00 p.m. to 5:00 p.m.

**The Manross Memorial Library:** 260 Central Street, Bristol  
Monday through Thursday 10:00 a.m. to 8:00 p.m.  
Friday and Saturday 9:00 a.m. to 5:00 p.m.

**Bristol Senior Center:** 240 Stafford Avenue, Bristol  
Monday through Friday 8:30 a.m. to 5:00 p.m.

**The Community Health Center:** 395 North Main Street, Bristol  
Monday and Tuesday 8:00 a.m. to 7:00 p.m.  
Wednesday and Thursday 8:00 a.m. to 5:00 p.m.

### A Friendly Reminder

Per City ordinance, from December 15, 2017 to March 15, 2018 no vehicles shall be parked on the street between the hours of 2:00 a.m. and 6:00 a.m. any day of the week. The City can also impose a parking ban during an emergency anytime after March 15th.



### Food for Thought: Fresh Strawberry Upside Down Cake

#### Ingredients:

- 2 cups crushed fresh strawberries
- 1 (6 ounce) package strawberry flavored Jell-O® mix
- 3 cups miniature marshmallows
- 1 (18 ounce) package yellow cake mix, prepared as directed on package

#### Directions:

Preheat oven to 350 degrees F (175 Degrees C)  
Spread crushed strawberries on the bottom of a 9X13 inch baking pan. Evenly sprinkle strawberries with the dry gelatin powder, and top with mini marshmallows. Prepare the cake mix as directed on the package, and pour on top of the marshmallows. Bake in the preheated oven for about 40 to 50 minutes. Cool in the pan for 15 minutes. Run a knife around the pan to loosen the sides, and turn the cake out onto a serving tray. Store cake in the refrigerator.

Enjoy!

